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## **Patient Care Instructions Post Intravitreal Injection**

### **Please follow these instructions after eye injections:**

- Do not rub your eye after treatment
- For relief of mild to moderate pain or irritation, an over-the-counter pain reliever (i.e. Tylenol) or cool compress/ice pack can be used
- A new bottle of artificial tears/lubricating drops can be used
- No swimming or contact lens wear for 2 days
- It is okay to shower and wash your face. Keep eyes closed to avoid dirty water in the eyes.

### **The following symptoms are COMMON after successful eye injections for a day or so:**

- Blurry vision
- Tearing
- Mild floaters or bubbles in your vision
- Mild to moderate discomfort or irritation
- Gritty, "Eyelash in the eye" sensation
- Redness (sometimes this can cover the entire white part of the eye and last a few weeks)
- Bloody tears for 1 - 2 days after treatment

### **The following symptoms are NOT NORMAL after eye injections, and you should call our office immediately if you experience:**

- Severe, constant pain
- Worsening pain after the first day
- Significant decrease in vision
- Severe increase in floaters
- Curtain or veil in your vision

Please contact our office with any questions or concerns at (512) 451-0103 or 1-800-252-8259.

Follow-up care is very important. Be sure to keep your scheduled appointment.