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## POST-OPERATIVE INSTRUCTIONS

1. If you should experience excessive tearing, redness, swelling, pain or a decrease in vision, please call our office immediately whether during or after office hours.
2. There will be occasional discomfort after returning home from the hospital. Take two (2) tablets of Extra-Strength Tylenol for pain relief. If you suffer severe or deep pain, call our office.
3. An eye pad is not necessary, but if you have excessive discharge, one can be worn during sleep.
4. Do not try to hold back a cough or sneeze. If necessary, bend at the knees instead of stooping.
5. The eyelids may be gently cleansed using a Q-Tip or gauze pad moistened with water. **DO NOT RUB YOUR EYE!**
6. Use eye drops/medications as instructed along with your regular medications (if any).
7. Avoid activities which involve severe head movements or shaking.
8. Daily activities may be resumed upon instruction by your doctor.
9. Do not fly or lie flat on your back if a gas bubble has been placed in your eye.
10. Shake drops before using. Wait 5 minutes between drops.
11. If you call our office after hours or on the weekend with any problems, and do not get a response within 30 minutes, go directly to the nearest emergency room.

**Detailed instructions will be given to you at your post-op appointment.**

**PLEASE DISCUSS YOUR POST-OPERATIVE CARE WITH YOUR DOCTOR!**